Suturing is a core skill in medical education, taught in early postgraduate medicine or in some undergraduate medicine courses. Suturing is also a key skill for postgraduate nursing and paramedics.

The Limbs & Things Skin Pads have three layers to provide more realistic training and enable training in more advanced suturing, such as subcuticular undermining and subcuticular suturing.

NEW, IMPROVED SKIN PADS

A NEW, MORE REALISTIC SKIN TEXTURE

UNIDIRECTIONAL STRETCH
MIMICS DIRECTIONAL COLLAGEN IN HUMAN SKIN

THICKNESS OF DERMIS & EPIDERMIS LAYERS BASED ON HUMAN SKIN AVERAGES

DISTINCT LAYERS WITH CORRECT COLORING:
PINK EPIDERMIS
WHITE DERMIS
YELLOW SUBCUTANEOUS FAT

PAD DIMENSIONS:
- Small 125mm x 72mm
- Large 145mm x 125mm

Learning has never been more lifelike
limbsandthings.com
PROFESSIONAL SKIN PAD MK 2
An advanced 3 layer skin pad for demonstrating and practicing a variety of incisions and a wide range of suturing techniques.
- Incisions: linear, ellipse, flaps, shaped
- Subcuticular undermining
- Simple and advanced interrupted suturing techniques
- Subcuticular suturing
- Continuous suturing
- Stapling
- Use of adhesive strips

LIPOMA PAD
For practicing the full lipoma removal procedure. 3 layer skin: epidermis, dermis and subdermal layer. Pad contains 2 lipomas.
- Designing the incision
- Marking out the lipoma
- Incising the skin
- Blunt dissection
- Removal
- Closure

SEBACEOUS CYST PAD
For practicing the full sebaceous cyst removal procedure. A 3 layer skin pad with epidermis, dermis and subdermal layer. Contains 2 cysts.
- Marking out the cyst
- Planning and marking the ellipse
- Incising the skin
- Sharp dissection
- Blunt dissection
- Management of a burst cyst
- Removal
- Closure

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