

VATA

Freddie Fistula™ Skills Trainer - 0230

User Manual



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Thank you for your purchase of VATA's Freddie Fistula™ Skills Trainer

Freddie Fistula™ Skills Trainer - 0230 was developed to provide clinicians with a realistic aid to facilitate instruction, practice and management of open abdominal wounds with active fistulas.

The *Freddie* Fistula™ Skills Trainer incorporates a natural feeling, soft abdomen with an open wound showing exposed intestines with "gutters" on all sides, a stoma and also a drainage tube. Three separate fistulas are present in the abdominal wound area:

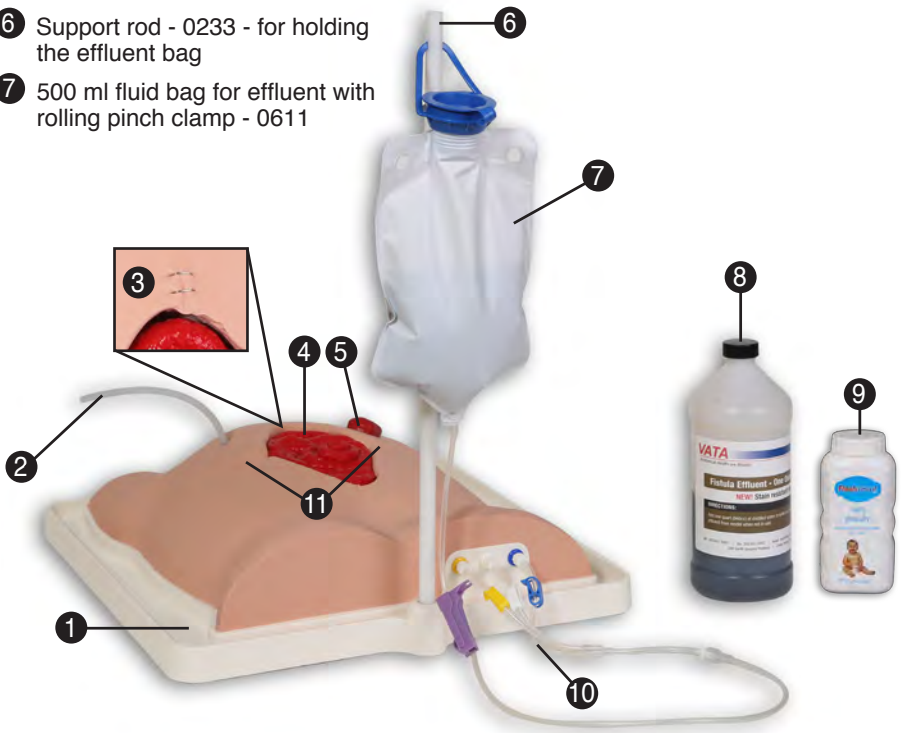
- Stomatized Fistula – Easy to observe effluent flow
- Non-Stomatized Fistula – Difficult to observe when effluent is not flowing
- Hidden Fistula – Location is not observed

Any combination of the three fistulas can permit effluent flow via color-coded pinch clamps, allowing for a challenging scenario when applying a dressing.

The *Freddie* Fistula™ trainer includes an integrated base with a recessed catch tray that can accommodate up to 700ml of effluent and a support rod to hold the fluid bag. When not in use, the rod can be easily stored within the base. The unique design of *Freddie* Fistula™ utilizes proprietary skin that permits standard dressings to be easily applied and removed. The *Freddie* Fistula™ Skills Trainer helps to build competency and confidence in this challenging wound care scenario by allowing the user to employ some of the latest wound treatments and techniques.

Freddie Fistula™ Skills Trainer - 0230 Product Components

- ① Effluent catch tray with skin
- ② Drain tube
- ③ Surgical staples
- ④ Fistulas (three orifices for effluent to flow)
- ⑤ Stoma
- ⑥ Support rod - 0233 - for holding the effluent bag
- ⑦ 500 ml fluid bag for effluent with rolling pinch clamp - 0611
- ⑧ 1 quart bottle of effluent concentrate (just add distilled water) - 0232
- ⑨ Baby powder
- ⑩ 3-way tube set with color-coded blue, white, & yellow pinch clamps - 0234
- ⑪ Skin fold creases



Optional Carrying Case - 0231

Soft-sided fabric case with zipper closure, supply pouch, shoulder strap and handle.

Set-Up Instructions



1. Remove the support rod from the underside of the *Freddie Fistula™* effluent catch tray base.



2. Insert the support rod into position on the catch tray base in order to hold the effluent bag.



3. Fill the 1-quart effluent concentrate bottle with distilled water and shake well to mix the solution. Effluent concentrate is also available in a 1-gallon bottle - 0233 (see page 10).

Set-Up Instructions - Continued



4. Close the roller clamp on the tubing connected to the effluent fluid bag before filling the bag with the effluent from the bottle.



5. Fill the effluent fluid bag with 500 ml of effluent mixture by grasping onto the blue collar of the bag. Once filled, close the lid and secure the fluid bag to prevent leakage. Attach the filled effluent bag into the slot on the top of the support rod.



6. Attach the 3-way tubing lines to the corresponding colored-coded luer fitting on the manifold located on the trainer base (as shown). Connect blue to blue. Connect white to white. Connect yellow to yellow.

Set-Up Instructions - Continued

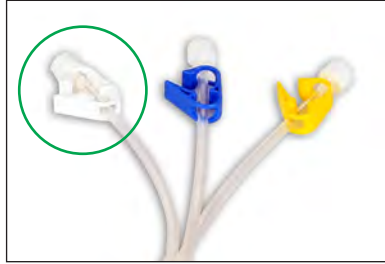
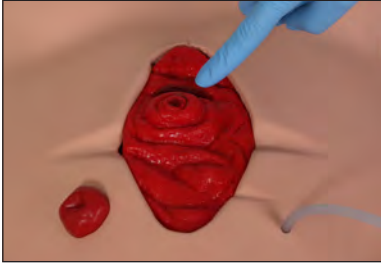


7. Each color-coded pinch clamp and tubing line corresponds with a specific fistula on the skills trainer (see page 6). To allow for effluent to flow, open the roller clamp on the tubing line connected to the effluent fluid bag.

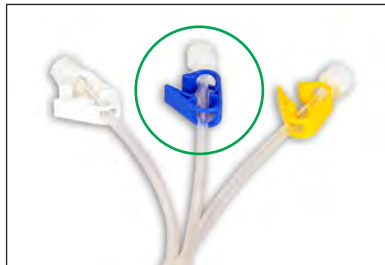
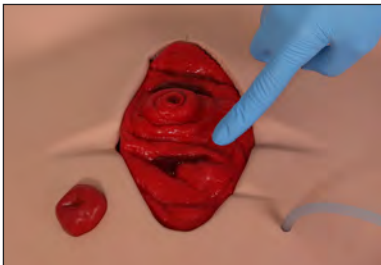


8. To initiate flow to any or all of the three fistulas, open that corresponding color-coded pinch clamp (see page 6).

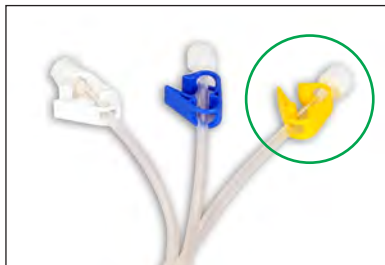
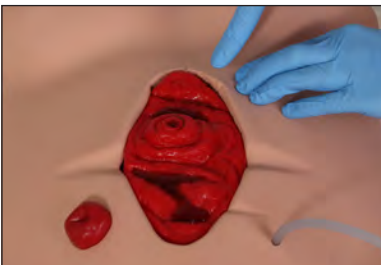
Set-Up Instructions - Continued



9. The white pinch clamp opens or closes to allow effluent to flow out of the visible stomatized fistula.



10. The blue pinch clamp opens or closes to allow effluent to flow out of the non-stomatized fistula in the fold of the intestines.

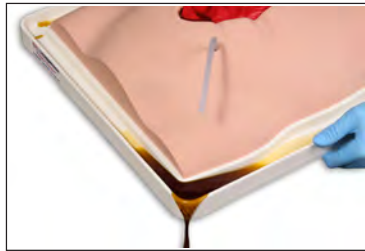


11. The yellow pinch clamp opens or closes to allow effluent to flow out of the hidden fistula under the skin edge.

Care & Storage Instructions



1. Stop the flow of effluent by closing the roller clamp on the tubing connected to the effluent fluid bag. Remove the effluent bag from the support rod holder and empty the unused effluent back into the bottle or discard.

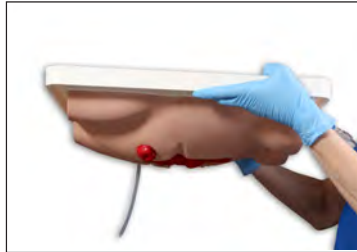


2. Empty any residual effluent from the recessed catch tray by holding the trainer over a sink and tilting the tray. Open the three color-coded pinch clamps to allow for drainage from all three fistulas. By inverting the trainer, any effluent left in the gutters around the open abdominal wound will be allowed to adequately drain.



3. Rinse the effluent bag with clean water and flush out the connected tubing.

Care & Storage Instructions - Continued



4. Reattach the effluent fluid bag filled with clean water to the support rod. Make sure that the roller clamp is closed.
5. Open the roller clamp on all three color-coded pinch clamps until clean water begins to flow from each of the three fistulas and the gutters.
6. Repeat Step #2 above. Hold the trainer inverted for 1-minute to allow any residual clean water to completely drain.



7. Place a 3x3 gauze pad in the bottom of the abdominal wound opening as shown in the photo and prop the trainer in a vertical position for 5-minutes. Allow for any remaining clean water to be absorbed.
8. Pat dry the trainer and gently sprinkle with the supplied baby powder. Wipe excess baby powder with non-linting cloth and store the trainer.

Helpful Hints

1. Remove all dressings when done. Do not leave dressings on the trainer overnight.
2. To remove any residual adhesive left on the trainer from dressings, use any patient approved adhesive remover, followed by a cleaning with 70% isopropyl alcohol. When dry, gently sprinkle the skin surface with the supplied baby powder and wipe off excess with a non-linting cloth.
3. Do not clean model with solvents or corrosive solutions. Wash model only with a mild liquid soap and warm water.
4. After each use, it's best to disconnect the tubing lines from the trainer and flush out all lines with clean water.
5. Do not use food coloring or other dyes to simulate effluent as these may permanently stain the trainer and will void the product warranty.
6. Immediately rinse any effluent off of clothing using soap and water.
7. Do not store the trainer with items resting on the skin surface as this may leave a permanent imprint.
8. When not in use, it's best to store the trainer in the carrying case.

Freddie Fistula™ Skills Trainer Parts List

The following items are available for purchase without returning your trainer. Additional replacement parts are available at www.vatainc.com.

<u>Product #</u>	<u>Description</u>
0230	<i>Freddie Fistula™ Skills Trainer</i>
0231	<i>Freddie Fistula™ carrying case</i>
0232	Stain resistant effluent concentrate in a 1-quart mixing bottle
0233	Stain resistant effluent concentrate in a 1-gallon mixing bottle
0234	3-way color-coded tubing set with pinch clamps
0235	Support rod for holding effluent fluid bag
0611	500 ml fluid bag with cap and holder for <i>Freddie Fistula™</i> trainer

Refurbishing Service

The purchase of training models is a significant financial investment. Realizing this, **VATA** is proud to offer a refurbishing service to bring your model to like-new condition. Please call **VATA Customer Service** for instructions on how to return your model. Once your model is received, it will be evaluated and you will be contacted to approve the cost of refurbishing before any work is performed. Turn-around time to complete a refurbishing is less than one week.

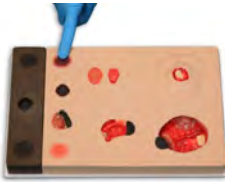
You Might Also Like These Products...



Otto Ostomy™ - 0310



Seymour II™ Wound Care Model - 0910



Pat Pressure Ulcer Staging Model™ - 0980



Stan Stage IV Pressure Ulcer Model™ - 0970



Vinnie Venous Insufficiency Leg™ - 0550



Annie Arterial Insufficiency Leg™ - 0555

