

*User Guide*

# Rectal Examination Trainer Mk 2

60120



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**limbsandthings.com**

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## RECTAL EXAMINATION TRAINER MK 2

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A realistic representation of the buttocks, anus and rectum allowing for the practice of diagnostic skills associated with rectal examination. An additional Rectal Examination Perineum is included which contains 2 rectal pathologies.

### *Improvements*

- Prostates and pathologies have been moved closer to the anus to make them easier to palpate
- Remodelled carcinoma prostates for greater realism
- Prostates have improved locking mechanism
- Coccyx has more realistic anatomical curvature

### *Skills*

- Digital examination of prostate
- Digital rectal examination
- Proctoscope insertion and use
- Professional-to-patient communication

### *Features*

- Buttocks, anus and rectum
- 2 interchangeable perineums:
  - Normal for prostate examination
  - Pathology featuring polyp and carcinoma
- 5 interchangeable prostates:
  - Normal
  - Bilateral benign
  - Unilateral benign
  - Bilateral carcinoma
  - Unilateral carcinoma examination
- Carcinomas of prostates are hard to the touch
- When in use the prostate is hidden and cannot be seen by the trainee
- Prostates can be easily and quickly changed
- Palpable sacrum
- Realistic sphincter tone

### *Package supplied*

- **60122** Mk 2 Rectal Examination Perineum - Normal
- **60123** Mk 2 Rectal Examination Perineum - Pathology
- **60121** Mk 2 Rectal Examination Prostates (Set of 5)
- Tube of aqueous gel
- Base
- Carry case

## IMPORTANT INFORMATION

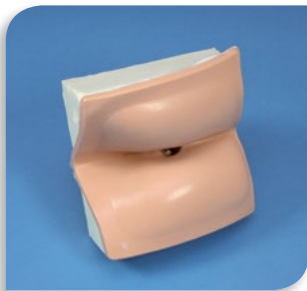
- Please read this before using your Rectal Examination Trainer Mk 2. It is important to follow these instructions to avoid damage to your product.
- Only use water based lubricant, such as the one supplied, with this model. Use of non-recommended products may weaken or damage the silicone.
- Inadequate lubrication could lead to tears or other damage to silicone parts.
- Gloves should be worn at all times, and all jewellery items should be removed. Sharp surfaces such as finger nails and rings can sometimes lead to damage of silicone parts.
- After each training session, use a warm damp cloth or baby wipes to remove lubricant from all surfaces. Avoiding a build-up of lubricant will prolong the life of the product.

## COMPONENTS

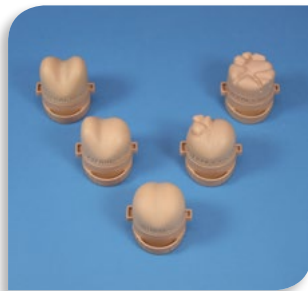
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Buttocks



**60122 - 60123** Mk 2 Rectal Examination Perineum



**60121** Mk 2 Rectal Examination Prostates (Set of 5)



Frame



Base plate



Support



Foam insert

## CHANGING THE PROSTATE

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1



To unlock a Prostate turn it 90° in an anticlockwise direction.

2



To attach a Prostate ensure it is lined up correctly (the name on the Prostate should be on the underside). It will only fit in the hole in the Frame one way due to the lugs being different sizes.



Pull to remove it.



Insert Prostate and rotate it 90° in a clockwise direction until it locks securely into position.

## CHANGING THE PERINEUM

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1



Squeeze the end of the bowel together.

2



Depress and turn the white retaining clip to release the Frame.

3



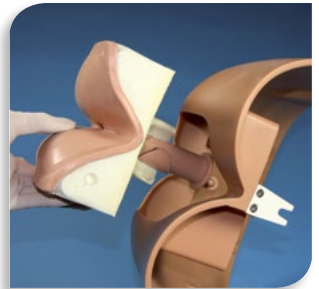
Support the Perineum by holding the white foam in one hand, and then push the Perineum out with your other hand from the other side.



Push the end of the bowel through the hole in the Frame.



Remove the Frame.



Remember to refit the Perineum in the orientation shown.

## CHANGING THE EXAMINATION POSITION

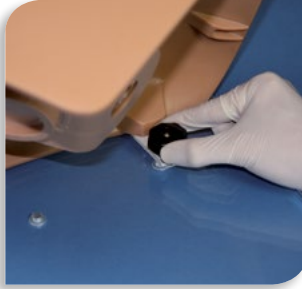
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1



The Trainer is supplied in the left lateral examination position.

2



Loosen both of the black turn knobs that attach the Buttocks to the Base Plate.

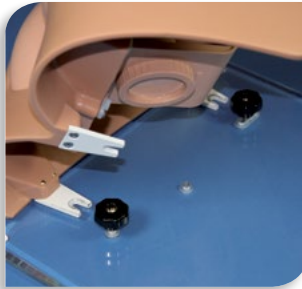
3



Remove the Support.



To change to the 'patient bent over' position, first release the metal Support and lay it down flat.



Slide the Buttocks away.



Unscrew the right hand black turn knob.

4



To ease removal, hold the screw in place from underneath the Base Plate.

5

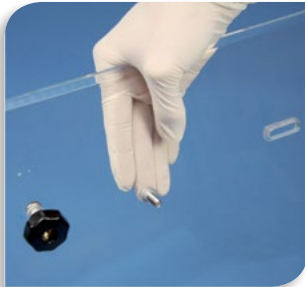


Hold the screw in position and reattach the black turn knob.

6



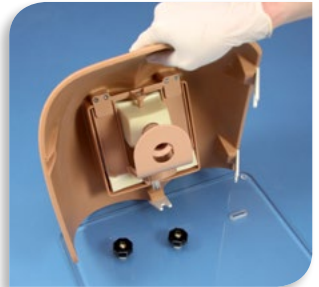
Lay the Support down flat.



Reposition the screw in the centre hole of the Base Plate. (The other black turn knob is not used but should be left in position so that it does not get lost).



Push the Support into the clips marked 'Position 2' on the Base Plate.



Rotate the model by 90° so that the edge with only one set of prongs is in line with the Base Plate.

7

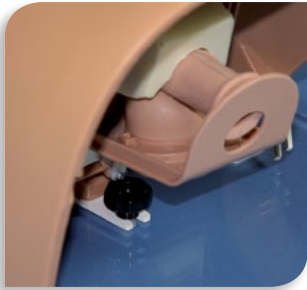


Line up the prongs with the black turn knob.

8



Reattach the Support.



Push the Buttocks onto the base plate until the prongs are fully protruding past the black turn knob. Tighten the knob.



The model is now ready for use.

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