PROMPT FLEX RANGE HAS BECOME AN INTEGRAL PART OF MANY BIRTHING TRAINING COURSES AROUND THE WORLD, SUITABLE FOR ALL LEVELS OF TEACHING, LEARNING AND SKILL MAINTENANCE
A modular design birthing simulator allowing for numerous training scenarios. Used either for stand-alone training or integrated into hybrid simulation, it is an ideal training solution for all skills relating to routine and difficult deliveries.

Additional modules fit either the Standard or the Advanced units allowing you to tailor your training need.
Product Qualities

Anatomy
- Birth canal and cervix
- Ischial spines and pubic bone
- Gynecoid pelvis
- Articulating thighs
- IM injecting
- Fully articulated baby with detachable umbilical cord and placenta
- Baby includes clavicles, fontanelles and flexible head

Realism
- Suitable for use with Simulated Patient

Key Features
- Improved and more realistic pelvic floor
- Articulating thighs for McRobert’s procedure
- Stretchable perineum
- Soft flexible birthing canal
- Additional modules to extend learning:
  - PPH management
  - C-section
  - Cervical dilation and effacement
- Optional lower legs for extended realism
- Optional wireless force monitoring for training in shoulder dystocia management

Safety
- Latex free

Cleaning & Care
- Skin is washable using soap and water

PROMPT FLEX - ADVANCED

80106

Incorporates Wireless Force Monitoring where force applied to the baby’s head is measured during a shoulder dystocia drill.
Includes scenario based software to allow monitoring and recording of actions, interventions made and time taken to deliver the baby.

iPod not included
Download simulator software at limbsandthings.com

Skills comparison

<table>
<thead>
<tr>
<th>80100</th>
<th>80106</th>
</tr>
</thead>
<tbody>
<tr>
<td>✔</td>
<td>✔</td>
</tr>
<tr>
<td>✔</td>
<td>✔</td>
</tr>
<tr>
<td>✔</td>
<td>✔</td>
</tr>
<tr>
<td>✔</td>
<td>✔</td>
</tr>
<tr>
<td>✔</td>
<td>✔</td>
</tr>
<tr>
<td>✔</td>
<td>✔</td>
</tr>
<tr>
<td>✔</td>
<td>✔</td>
</tr>
<tr>
<td>✔</td>
<td>✔</td>
</tr>
<tr>
<td>✔</td>
<td>✔</td>
</tr>
<tr>
<td>✔</td>
<td>✔</td>
</tr>
<tr>
<td>✔</td>
<td>✔</td>
</tr>
</tbody>
</table>

Optional Extras & Consumables

| 80110 | PROMPT Flex - Lower Legs |
| 00200 | Concentrated Venous Blood - Starter Pack (x2) |
| 10193 | PROMPT Birthing Lubricant (250ml) |
PROMPT FLEX - CERVICAL DILATATION & EFFACEMENT MODULE

80102
Simulated Patient

Allowing for training in assessment of both the latent and active first stages of labor. This versatile module is an optional add-on to the PROMPT Flex Standard or Advanced. Ideal for midwifery and nurse training.

- Assessment and Bishop’s scoring of:
  - Cervical dilation (1-10cm)
  - Cervical effacement (0-100%)
  - Cervical ripeness/consistency (soft, medium, hard)
  - Cervical position (anterior, mid, posterior)
  - Fetal station (-3 to +3)
- Assessment of and artificial rupture of membranes
- Assessment of presenting part - flexed, deflexed, brow, face, breech, caput and molding and caput formation

Product Qualities

Realism
- Realistic representation of cervixes, including anterior lip, and presenting parts in soft birth canal, with palpable ischial spines

Key Features
- Inserts to represent early labor cervixes - effacement, dilation and ripeness in line with Bishop’s scoring
- Positioning mechanism allows adjustment of station, dilation and tilt without removal from the simulator
- Dynamic positioning mechanism allows adjustment of dilation in active labor
- Markers allow tutor to read positioning in situ
- Numerous presenting part inserts including - flexed
  - deflexed
  - brow
  - face
  - breech
  - caput and molding

Versatility
- Presenting parts and cervix can be set up outside the model for demonstration, then placed inside for examination

Safety
- Latex free

Skills

- Assessment and Bishop’s scoring of:
  - Cervical dilation (1-10cm)
  - Cervical effacement (0-100%)
  - Cervical ripeness/consistency (soft, medium, hard)
  - Cervical position (anterior, mid, posterior)
  - Fetal station (-3 to +3)
- Assessment of and artificial rupture of membranes
- Assessment of presenting part - flexed, deflexed, brow, face, breech, caput and molding and caput formation

- 80138 Perineum
- 80139 Pelvic Ring
- 80140 Static Rig
- 80141 Dynamic Rig
- 80142 Set of 7 Latent Labor Cervixes
- 80143 Dynamic Cervix
- 80144 Set of 5 Presenting Parts
- 80145 Set of 2 Difficult Labor Heads
- 80146 Amniotic Membrane Set
- 80162 Set of 3 Caputs (x2)
PROMPT FLEX - CESAREAN SECTION MODULE

80103
Simulated Patient

Ideal for practicing the necessary skills required when performing a cesarean section. Trainees can have exposure to delivering a difficult baby such as a deeply impacted head, or a transverse lie.

It includes 2 surgical pads for incision and suturing, along with a pre-incised abdomen for repeated delivery practice to help improve confidence and familiarity of maneuvers.

The module can be used to practice any of the following methods of delivering a deeply impacted fetal head:

- Routine maneuvers
- Assist from a vaginal hand (push technique)
- Reverse breech extraction (pull technique)
- Use of a fetal pillow

**Product Qualities**

**Realism**
- Abdominal skin has realistic appearance and soft feel of at-term abdomen
- Realistic feel of uterus interior during delivery
- Head presents at realistic level once incision is made

**Key Features**
- Uterus holds baby firmly in position for normal and transverse lies, breech and cephalic presentations
- Uterus support positions baby and directs it towards the pelvis/abdominal incision when fundal pressure is applied
- Pre-incised skin option allows easy repeat delivery practice
- Surgical pad allows realistic dissection and closure and is reversible to allow 2 uses
- Single/double in situ uterine wall closure
- Suturing of rectus sheath, fat and subcuticular or cutaneous skin closure
- Accommodates retraction using metal, plastic or rubber retractors

**Versatility**
- Optional insert to allow presentation of head just below ischial spines for Cesarean section at full dilation

**Safety**
- Latex free

**Skills**

- Abdominal and uterine wall opening and closure
- Cephalic and breech delivery
- C-section at full dilation:
  - Head disimpaction using vaginal push methods
  - Use of balloon disimpacting device
  - Reverse breech extraction
- Transverse lie
- Instrument assisted C-section delivery
- Delivery of the placenta
- Teamwork and human factors training in emergency C-section

**80104 Cesarean Section Surgical Pad (x2)**
**80138 Perineum**
**80170 Uterus for Cesarean Section Module**
**80171 Pre-incised Delivery Only Skin**
**80172 Surgical Skin**
**80173 Cervix for Cesarean Section Module**
**80175 Foam Uterus Support**
**80176 Full Dilatation Pelvic Insert**
The PROMPT Flex Labor Progress Simulator provides a versatile cervical dilation and effacement training solution, for assessing both the latent and active stages of labor.

**Product Qualities**

**Realism**
- Realistic representation of cervixes, including anterior lip, and presenting parts in soft birth canal, with palpable ischial spines

**Key Features**
- Inserts to represent early labor cervixes - effacement, dilation and ripeness in line with Bishop’s scoring
- Positioning mechanism allows adjustment of station, dilation and tilt without removal from the simulator
- Dynamic positioning mechanism allows adjustment of dilation in active labor
- Markers allow tutor to read positioning in situ
- Numerous presenting part inserts including
  - flexed
  - deflexed
  - brow
  - face
  - breech
  - caput and molding

**Versatility**
- Presenting parts and cervix can be set up outside the model for demonstration, then placed inside for examination

**Safety**
- Latex free

**Skills**
- Competency in:
  - Cervical dilation (1-10cm)
  - Cervical effacement (0-100%)
  - Cervical consistency (soft, medium, hard)
  - Cervical position (anterior, mid, posterior)
  - Fetal station (-3 to +3)
  - Head position: occiput anterior, occiput posterior
- Artificial rupture of membranes
- Identification of presenting parts - brow, face, breech
- Caput and molding
- Communication and teamwork skills
- Bishop’s scoring
- Identification of approximated or overriding sutures

**Product Details**
- 80120 Birthing Mother (with upper legs)
- 80102 PROMPT Flex - Cervical Dilatation & Effacement Module
- 80124 Abdomen for PROMPT Flex
- Carry case
This kit consists of the PPH module, Compression Suture Uterus and a pre-incised skin. It offers everything required for the management of postpartum bleeding and care including performing a compression suture and ligating the uterine artery.

To be used with the PROMPT Flex Standard or Advanced.

**Skills**

- Management of postpartum bleeding:
  - Fundal massage
  - Bi-manual compression
  - Hemostatic balloon insertion and management
- Estimating blood loss
- All common types of Compression Suture procedures (including B-Lynch, Hayman and Pereira)
- Dissection of broad ligament
- Ligation of uterine arteries
- Professional-to-patient communication skills

**Product Qualities**

**Realism**
- Atonic uterus can simulate contraction on fundal massage
- A representation of postpartum uterus including uterine arteries and broad ligament

**Key Features**
- Blood loss of up to 2 liters can be simulated
- Air bulbs are used to stimulate blood flow and control atonic state of the uterus
- Multiple uses when conducting the compression suture

**Versatility**
- Can be quickly and easily fitted into the birthing mother to allow simulation of situations where bleeding occurs directly after delivery
PROMPT FLEX - PPH MODULE

80101

Allowing training in the management of postpartum bleeding, it offers a realistic simulation of an atonic and contracting uterus.

This module is an optional add-on for PROMPT Flex Standard or Advanced.

- 80127 PROMPT Flex PPH Uterus Assembly
- 00020 Concentrated Venous Blood - Starter Pack (x2)
- PROMPT Flex PPH blood container

PROMPT FLEX - COMPRESSION SUTURE UTERUS

80111

This module allows for the training in performing a compression suture and ligating the uterine artery.

Used in conjunction with the 80171 Pre-incised Delivery Only Skin, it provides the ideal training platform for repeat practice of uterine compression suturing.

This product is based on concepts and collaboration with:

- Dr Carol L. Simmons, MD, SimTunes, LLC.
- Dr Mona Sharma, Consultant Obstetrician and Gynecologist at Queens Hospital, Romford BHR NHS Trust.

- Compression Suture Uterus (x2)

PROMPT Flex is suitable for use on Obstetric Training Programs including:

<table>
<thead>
<tr>
<th>Program</th>
<th>Module</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACOG Course – ECO (Emergencies in Clinical Obstetrics)</td>
<td>Care Team OB (American Academy of Family Physicians)</td>
</tr>
<tr>
<td>ALARM (Advances in Labor and Risk Management) - Canada</td>
<td>PROMPT (PRactical Obstetric Multi Professional Training)</td>
</tr>
<tr>
<td>ALSO (Advanced Life Support in Obstetrics)</td>
<td>TeamSTEPPS (Team Strategies and Tools to Enhance Performance and Patient Safety)</td>
</tr>
<tr>
<td>BLSO (Basic Life Support in Obstetrics)</td>
<td></td>
</tr>
</tbody>
</table>

For demonstration or to order

Limbs & Things Inc. P.O Box 15669, Savannah, GA 31416, USA
E: customerservice@limbsandthings.com T: (912) 629-0357
limbsandthings.com